

Tim Ringgold, MT-BC

"Healing the planet with music, one person at a time."

Sonic Divinity LLC

133 N. Dogwood St. • Orange, CA 92869

714-616-0388 • tim@sonicdivinity.com

Clinical Experience

The Arrow House - Orange, CA

September 2023 - present

- Group music therapy sessions for adults with addiction and mental illness

New Method Wellness – San Juan Capistrano, CA

July, 2020 - March 2023

- Group music therapy sessions for adults with addiction and mental illness

A Better Life Recovery – San Juan Capistrano, CA

May 2017 – July, 2020

- Group music therapy sessions for adults with addiction and mental illness

Oceanfront Recovery – Laguna Beach, CA

August 2015 – August 2019

- Group music therapy sessions for adults with addiction and mental illness

Carmel Village – Fountain Valley, CA

September 2013 – present

- Group music therapy sessions for older adults with Alzheimer's disease and Dementia

Newport Healthcare – Orange, CA

March 2013 – present

- Group music therapy sessions for adolescents and young adults with addiction and mental illness

UC Irvine Medical Center – Orange, CA

January 2009 – February 2013

- Bedside and group music therapy sessions with cancer patients and family

Star View Adolescent Center – Torrance, CA

January 2011 – March 2011

- Group music therapy sessions for adolescents and children in a residential behavioral health treatment facility

Del Amo Hospital – Torrance, CA

October 2008 – October 2009

- Clinical interviews and group music therapy with inpatients in child, adolescent, and adult behavioral hospital

Accessible Arts Workshops – Southern California

October 2008 – March 2011

- Group music therapy sessions with children and adults with developmental disabilities

Group Homes – Southern California

October 2008 – August 2009

- Group music therapy sessions for older adults with Alzheimer's disease and Dementia

Grief & Loss Retreat – Paradise Valley, AZ

June 2007 – present

- Group music therapy sessions for adults grieving the loss of a loved one

Clinical Internship – MusicWorx of California – San Diego, CA

April – October, 2008

- 1,200 hour clinical internship focusing on medical and behavioral health settings

Presentations, Keynotes, Workshops (* = virtual event)

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| Edmunds Employee Wellness Program* | May 21, 2024 |
| Edmunds Employee Wellness Program* | November 14, 2023 |
| WP Bleeding Disorder Foundation Education Day | October 14, 2023 |
| SWO Hemophilia Foundation Annual Meeting | July 8, 2023 |
| Hemophilia Foundation Michigan Springfest | May 6, 2023 |
| PNW Bleeding Disorders Annual Meeting | September 17, 2022 |
| Entrepreneur's Organization Workshop | June 2, 2022 |
| Disciples Women's Foundation | April 14, 2022 |
| Online Association of Music Therapy Conference | February 5, 2022 |
| Grief & Loss Retreat | December 3-5, 2021 |
| American Institute of Stress Webinar* | September 16, 2021 |
| Self-Care for Healthcare Workshop* | August 28, 2021 |
| Edmunds Employee Wellness Program* | August 17, 18, 2021 |
| Reduce Your Stress Summit for Healthcare Professionals | August 9-13, 2021 |
| Idaho Chapter of NHF Family Education Weekend* | August 6, 2021 |
| M.E.T.A.L. International Unconference* | July 28, 2021 |
| Annual Florida Bleeding Disorders Conference* | July 25, 2021 |
| CSL Behring Common Connections Wellness Program* | July 14, 2021 |
| CSL Behring Common Connections Wellness Program* | June 13, 2021 |
| Hemophilia of South Carolina's Annual Meeting* | June 12, 2021 |
| US Journals Training Inc. - 19th Annual Conference on Adolescents and Young Adults* | May 28, 2021 |
| Long COVID Summit* | May 26, 2021 |
| The Resilience Initiative* | May 4, 2021 |
| Creative Family Solutions Summit* | April 6, 2021 |
| CSL Behring Common Connections Wellness Program* | March 18, 2021 |
| GLR/MWR Annual Conference* | March 5, 2021 |
| BALM Retreat* | February 27, 2021 |
| Rise Up World* | February 5, 2021 |
| Stress Elimination Summit: Recovery Edition* | January 25-29, 2021 |
| Social Emotional Learning for Educators* | January 20, 2021 |
| Recovery 2.0 International* | January 18, 2021 |
| M.E.T.A.L. International* | December 12, 2020 |
| The Present Dads Summit* | December 3, 2020 |
| LAX Employee Wellness Program* | December 2, 2020 |
| MHA OC Community Wellness Program* | December 2, 2020 |
| CSL Behring Common Connections Wellness Program* | November 19, 2020 |
| Edmunds Employee Wellness Program* | November 4, 2020 |
| Productivity Summit* | October 9, 2020 |
| Surgical Interns and Residents Wellness Day* | September 30, 2020 |
| Mastering Your Mindset Summit* | September 17, 2020 |
| Resilient Woman Series* | August 21, 2020 |
| Leads Group 7* | August 19, 2020 |
| Powerful & Professional Healthcare Summit* | July 29, 2020 |
| California Choral Directors Association* | July 28, 2020 |
| Newport Healthcare* | July 23, 2020 |
| International Conference Addiction Associated Disorders* | July 17, 2020 |
| Stress Elimination Summit* | July 13-16, 2020 |
| Parent and Caregiver Summit* | June 23, 2020 |
| Recovery 2.0* | June 22, 2020 |
| Indie Biz Boot Camp* | June 13, 2020 |
| Interfaith Community Services* | June 9, 2020 |
| Refocus Challenge* | May 29, 2020 |
| Raise Your Vibration* | May 22, 2020 |
| From Surviving To Thriving Challenge* | May 20, 2020 |
| INpact Academy* | May 19, 2020 |

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| Elevate Your Life Challenge* | May 15, 2020 |
| Rise Up World* | May 11, 2020 |
| Newport Healthcare* | May 7, 2020 |
| Warrior Unlocked* | May 5, 2020 |
| Advance Your Reach International Speak Off Competition* (WINNER) | May 1, 2020 |
| US Journals Training Inc. - 18th Annual Conference on Adolescents and Young Adults* | April 24, 2020 |
| Speakers Pathway Coalition - Inspiration Hope & Support* | April 24, 2020 |
| Newport Healthcare Employee Wellness Virtual Training* | April 22, 2020 |
| One Day Movement* | April 21, 2020 |
| Natural Fertility Prescription* | April 10, 2020 |
| Springfest Annual Education Meeting for Hemophilia Foundation of Michigan* | April 3, 2020 |
| Rise Above 2020 Summit* | March 31, 2020 |
| Genius Network* | March 26, 2020 |
| Newport Healthcare* | March 25, 2020 |
| Boldly Rising Summit* | March 23, 2020 |
| V.E.R.O - A Four Step Formula for Overcoming Adversity* | March 19, 2020 |
| Newport Healthcare Day Conference | March 10, 2020 |
| Hemophilia Social Annual Industry Forum | January 25, 2020 |
| National Hemophilia Foundation of Nevada Annual Meeting | December 7, 2019 |
| BioMatrix & the Erlanger Hemophilia Treatment Center Dinner | December 5, 2019 |
| Central California Hemophilia Foundation Dinner | November 20, 2019 |
| Hemophilia Foundation of Oregon Lunch Program | November 2, 2019 |
| New England Hemophilia Associations Annual FallFest | October 25, 2019 |
| Newport Healthcare Day Conference | October 15, 2019 |
| Newport Healthcare Day Conference | September 19, 2019 |
| Newport Healthcare Day Conference | September 17, 2019 |
| Newport Healthcare Day Conference | September 12, 2019 |
| Newport Healthcare Day Conference | September 10, 2019 |
| Alpha Program Walk for Breath | June 20, 2019 |
| Hemo SoCal Annual Educational Conference | May 11, 2019 |
| Utah Hemophilia Foundation Women's Conference | April 20, 2019 |
| Newport Academy Day Conference | March 29, 2019 |
| Newport Academy Day Conference | January 24, 2019 |
| International Conference on Trauma & Addiction | January 18, 2018 |
| Newport Academy Day Conference | December 7, 2018 |
| Newport Academy Day Conference | December 6, 2018 |
| Newport Academy Day Conference | December 4, 2018 |
| Hemophilia Outreach of Wisconsin Winter Program | December 1, 2018 |
| Hope For Hemophilia Annual Conference | November 10, 2018 |
| Hemophilia North Carolina Meeting | October 21, 2018 |
| CSL Behring Junior National Championship | September 29, 2018 |
| Florida Chapter of NHF | September 21, 2018 |
| Northern California Chapter of NHF Annual Education Day | August 4, 2018 |
| Florida Chapter of NHF Annual Conference | July 22, 2018 |
| San Diego Chapter of NHF Annual Education Conference | June 23, 2018 |
| North Carolina Chapter of NHF Dinner | June 21, 2018 |
| Wisconsin Bleeding Disorders Annual Conference | June 9, 2018 |
| Utah Chapter of NHF Dinner | June 7, 2018 |
| World Federation of Hemophilia World Congress | May 20, 2018 |
| New York Chapter of NHF Annual Mother/Daughter Retreat | April 22, 2018 |
| Virginia Chapter of NHF Annual Parent Retreat | March 25, 2018 |
| WRAMTA Annual Conference | March 2, 2018 |
| National Hemophilia Foundation Inhibitor Summits | Oct 12, 2017 |
| National Hemophilia Foundation National Conference | August 25, 2017 |
| National Hemophilia Foundation Inhibitor Summits | June 1, 22, 2017 |
| MHA of Orange County Annual Conference | May 25, 2017 |
| Trauma, Intimacy, and Addiction Conference | May 5, 2017 |

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| Expressive Therapies Summit | March 31, 2017 |
| HNC Annual Conference | March 3,4 2017 |
| Archangel Academy | January 27, 2017 |
| AMTA National Conference | November 10, 2016 |
| National Hemophilia Foundation Inhibitor Summits | August 19, 26, 2016 |
| World Federation of Hemophilia World Congress | July 24, 2016 |
| MHA-OC Mental Health Conference | June 23, 2016 |
| Irvine Valley College PSI BETA Club | May 13, 2016 |
| Orange County School of the Arts | May 4, 11, 18, 2016 |
| WRAMTA Annual Conference | March 10, 12, 2016 |
| AMTA National Conference | November 13, 2015 |
| WRAMTA Annual Conference | March 14, 15, 2015 |
| AMTA National Conference | November 6, 9, 2014 |
| UC Irvine Medical Center Nursing Conference | October 16, 2014 |
| Irvine Valley College | September 26, 2014 |
| National Hemophilia Foundation National Conference | Sept. 19, 20, 2014 |
| Fairhaven Memorial Continuing Ed Series | July 15, 2014 |
| National Hemophilia Foundation Inhibitor Summits | July 12, 26, 2014 |
| Fairhaven Memorial Quarterly Networking Lunch | January 30, 2014 |
| UC Irvine Medical Center Palliative Care Conference | January 29, 2014 |
| AMTA National Conference | Nov. 21 23, 2013 |
| HCA-BHS Spirituality in Healthcare Conference | November 5, 2013 |
| Fairhaven Memorial Continuing Ed Series | September 18, 2013 |
| National Hemophilia Foundation Inhibitor Summits | July 12, 26, 2013 |
| Irvine Valley College PSI BETA Club | May 3, 2013 |
| Goldenwest College Peace Conference | April 19, 2013 |
| UC Irvine Medical Center Burn Center | April 18, 2013 |
| WRAMTA Annual Conference | April 6, 2013 |
| Susan Samueli Foundation | April 1, 2013 |
| Irvine Valley College | March 12, 2013 |
| Kaiser Permanente Volunteer Caregiver Training | February 23, 2013 |
| TEDxYouthBommerCanyon | December 9, 2012 |
| AMTA National Conference | October 11, 14, 2012 |
| UC Irvine School of Music "Music & the Mind" Event | September 14, 2012 |
| Chapman University Freshman Orientation Keynote Speaker | August 23, 2012 |
| UNM Cancer Center Music & Medicine Symposium | August 6, 2012 |
| UC Irvine Medical Center Caregiver Conference | April, 14, 2012 |
| WRAMTAS Virtual Master Class | February 18, 2012 |
| AMTA National Conference | November 20, 2011 |
| UC Irvine Medical Center Social Work Dept. | October 26, 2011 |
| UCLA National Student Conference on Integrative Medicine | October 23, 2011 |
| UCI Susan Samueli Center for Integrative Medicine | October 6, 2011 |
| National Institutes of Health | September 15, 2011 |
| Genius Network Annual Event | November 26, 2010 |
| AMTA National Conference | November 12, 2010 |
| USC Head & Neck Cancer Support Group | May 1, 2010 |
| WRAMTA Annual Conference | April 10, 2010 |
| WRAMTA Annual Conference | April 9, 2010 |
| Molnlycke Annual Sales Meeting | January 20, 2010 |
| AMTA National Conference | November 22, 2009 |
| Rady's Children's Hospital San Diego | September 5, 2008 |
| Belmont Assistive Living | August 20, 2008 |
| Scripps Integrative Center | August 15, 2008 |
| Scripps Integrative Center Lecture Series | August 4, 2008 |
| UC Irvine Chao Cancer Center | July 17, 2008 |
| 11q National Conference | June 26, 2008 |
| Long Beach Memorial Medical Center | June 4, 2008 |

Publications

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| “Music in Recovery: Hitting the Creativity Gym” (article published in Recovery Today Magazine) | 2020 |
| “Music in Recovery: Open Up... No Words Required” (article published in Recovery Today Magazine) | 2020 |
| “Music in Recovery: Play to Stay Present” (article published in Recovery Today Magazine) | 2019 |
| “Music in Recovery: The Perils of Music Listening” (article published in Recovery Today Magazine) | 2019 |
| “Sonic Recovery: Harness the Power of Music to Stay Sober” (book published in KDP Press) | 2019 |

Certifications, Awards, Education, and Service

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| WRAMTA Service Award | 2019 |
| Past President, Western Region, American Music Therapy Association | 2017- 2019 |
| President, Western Region, American Music Therapy Association | 2015-2017 |
| President-elect, Western Region, American Music Therapy Association | 2013-2015 |
| First TEDx talk on music therapy worldwide | 2012 |
| Vice President, Western Region, American Music Therapy Association | 2011-2013 |
| Vice President-elect, Western Region, American Music Therapy Association | 2009-2011 |
| Inaugural WRAMTA New Professional Grant recipient | 2009 |
| NICU MT certification | 2009 |
| HealthRHYTHMS trained Facilitator certification | 2009 |
| MT-BC certification | 2008 |
| B.M. Music Therapy, Chapman University, Orange, CA | 2008 |
| Chapman University Music Therapy Award | 2008 |
| Chapman University Guitar Award | 2005 |